

# **Sun City Grand Lifelong Learning Academy**

**An affiliate of the Osher Lifelong Learning Institute at Arizona State University**

## **Schedule of Classes**

### **Fall Semester: October 5, 2009 – December 18, 2009**

The following courses, lectures and workshops are held in the Osher Lifelong Learning classrooms (unless otherwise noted) located in the Chaparral Center at 19781 N. Remington Drive. Complete course descriptions and instructor biographies are available at the websites listed below and at the Osher Lifelong Learning office now located in the Chaparral Center at 19781 N. Remington Drive.

#### **Registration Dates**

Monday, September 21, 9 a.m. – 2 p.m., Sonoran Plaza Ballroom – Sun City Grand residents only

Tuesday, September 22, 9 a.m. – 1 p.m., Chaparral Center Classrooms – All Lifelong Learning Sites

Wednesday, September 23, 8:30 – 11:30 a.m., Osher Lifelong Learning Office – Open to the Public

Registration remains open until the first class session unless the course has been filled. Anyone wishing to register after September 23 may do so in the Osher Lifelong Learning office during regular office hours. You may also register by mail. Please download a registration form and attach a check for all fees if you choose to register by mail.

#### **Registration Forms**

Available at the Osher Lifelong Learning office starting September 6 and at registration. Also available online at [www.grandinfo.com](http://www.grandinfo.com) and [www.asu.edu/lifelonglearning](http://www.asu.edu/lifelonglearning).

#### **Fees**

- \$35 Academy registration fee per semester and a \$15 per course fee.
- Students who show proof of registering for classes at other ASU Osher Lifelong Learning sites will have their registration fee waived but are still required to pay course fees.

**NOTE: Some courses require additional course and materials fees payable at registration. Refer to the following Schedule of Classes for more information.**

Registration in the Sun City Grand Lifelong Learning Academy entitles you to free enrollment in the ASU West campus Osher Lifelong Learning Institute. For information, see the ASU West campus section in this schedule or call (602) 543-6440.

### **Payment Method**

Cash or check only, payable to Sun City Grand CAM.

### **Refund Policy**

The Sun City Grand Lifelong Learning Academy adheres to the “No Refund” policy established by the CAM Board of Directors. However, in the event a class is cancelled prior to the first session, all monies will be reimbursed.

### **Information**

Sun City Grand Lifelong Learning Academy Office  
19753 N. Remington Drive, Surprise, AZ 85374  
(623) 546-7451

Email: [lifelong@scgcam.com](mailto:lifelong@scgcam.com)

Websites: [www.grandinfo.com](http://www.grandinfo.com) or [www.asu.edu/lifelonglearning](http://www.asu.edu/lifelonglearning)

### **Office Hours**

Monday through Friday, 8:30-11:30 a.m.

Tuesday, 2 – 4 p.m.

**Fees, class schedules, and offerings are subject to change.**

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## **Monday (no classes Nov. 23)**

### **Sound of the Fifties, Doo Wop and More**

Ron Paul and Tom Bousquet

Oct. 12, 19, 26, Nov. 2, 9, 16, 30, Dec. 7

8 – 9:30 a.m.

Ron and Tom will alternate weekly as we re-live the golden age of 50's music, entertainment and events. Ron will focus on doo wop groups, their history and themes. Tom will feature solo artists, pop culture and the Fifties' genre. We'll take your requests, have contests and of course, there will be prizes. Common themes will “run” through both classes. This is the class that will deliver something for everybody who loves the Fifties.

**Ron Paul** holds a B.S. in biology and an M.A. in education from the City College of New York. He taught biology in the New York City high schools for 34 years. During the last ten years of his career, he was the director of the Academy of Health, a health exploratory program affiliated with the Bronx-Lebanon Hospital Center. Ron has taken doo wop classes with New York City radio personality and singer, Bobby Jay. He helped to form and is an active singing member of The Grandtones, a doo wop singing group.

**Tom Bousquet** grew up on Long Island, New York and had a 30-year career with General Motors Acceptance Corporation. He has a life-long love of all the music he plays and has an extensive music collection dating back to the forties.

**\*NEW\***

### **Musical Stories and Scones**

Lou-ellen Finter, Ph.D.

Oct. 19, 26, Nov. 2, 9

8:30 – 10 a.m.

Enjoy the music of the late 19<sup>th</sup> century and early 20<sup>th</sup> century composers in an informal atmosphere. Some of the works that will be included are: Danse Macabre; An American in Paris; Sleigh by Mozart and Anderson; Peter and the Wolf; Billy the Kid Suite; 1812 Overture; and American Indian Flute music.

**NOTE: There is an additional \$5 “scone” fee for this course payable at registration.**

*See biography of instructor below.*

**\*NEW\***

### **The Hohokam – Arizona First Settlers**

Lou-ellen Finter, Ph.D., ASU Emeritus College

Oct. 19, 26, Nov. 2, 9, 16, 30

10:30 a.m. – Noon

Learn about the people who settled in Phoenix and Tucson before the Spanish. Find out how they lived in the desert by using a stone hoe and finishing a massive canal system. Learn about their culture, beliefs, jewelry, pottery, and agriculture.

**Lou-ellen Finter, Ph.D.**, has been involved in education for the past 40 years. She received her doctorate in education and has worked in schools and universities as well as with the New York State Department of Education. Lou-ellen is a former professor of music with an avocation in Southwest prehistory and history. Currently, besides teaching in a number of lifelong learning

courses, she is associated with the ASU Deer Valley Rock Art Center, the Heard Museum West, and works as an educational consultant. Lou-ellen also gives lectures for the ASU Emeritus College and has recently been published.

**\*NEW\***

**Mr. Lincoln's War**

William (Bill) Hartmann

Nov. 16, 30, Dec. 7, 14

10 – 11:30 a.m.

This course will trace Lincoln's development from a novice strategist to America's greatest war leader. Included will be strategic objectives, campaign strategies, interaction with civilian and military leaders, proponent of innovative new weapons and equipment and political decisions that directly influenced the Civil War.

**Bill Hartmann** has taught military history at Sun City Grand Lifelong Learning Academy since 2006. Some of the subjects were: Battle of Gettysburg, American War of Independence, Custer and the Little Big Horn, and Pershing and the AEF 1918. Bill has a B.S. in chemistry from the University of Illinois and worked for 35 years in the pharmaceutical industry in sales/marketing.

**\*NEW\***

**Those Were the Days**

John Hall

Oct. 12, 19, 26, Nov. 2, 9

10:30 a.m. – Noon

Let's take a sentimental journey into yesteryear, and look back on some things familiar – and some perhaps not so. Five instructors have teamed together to make presentations, and invite discussion on these topics: Signs of the Times; Well-Known, and Strange, Highway Tourist Traps; Graffiti – Art, Vandalism, or both; Hey, Kids, Let's Go to the Movies; and When in Doubt, Mumble! Presenters will be John Hall, retired diplomat; Brian Callahan, retired banker and active-duty student of the open road; Vern Urich, a retired urologist and active researcher; and Fred Linch, Cinemaster Extraordinaire. Full details will be available at class registration. Bring your funny bone and be prepared to giggle!

**John Hall** is a retired senior American diplomat who takes pride and pleasure in living in Sun City Grand and in meeting interested and interesting people in the lifelong learning courses he offers. He hasn't been disappointed in eight years of doing so. Don't let him down now!

**\*NEW\***

**How's He Doing?**

John Hall

Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 30, Dec. 7, 14  
1 – 3 p.m.

President Obama has been in office long enough to give us a clear sense of his purpose and his style. It's time to evaluate his performance. Join the team which will determine his strengths and weaknesses, rightnesses and wrongnesses. Neither blood relatives of the President, nor current employees of the White House may participate. But anyone who is paying attention and wants to join in a series of lively discussions is welcome. Who knows? You might even learn something!

*See biography of instructor above.*

## **Tuesday (no classes Nov. 24)**

**\*NEW\***

### **Protect Your Net Worth from Stock Market Decline**

Jim Wigen

Oct. 6, 7, 8

10 a.m. – Noon

(This workshop takes place on 3 consecutive days during the same week.)

Whether you are currently retired or preparing to retire, make sure you are or your financial advisor is using Covered Call and Protective Put Options to reduce the risk in your portfolio and create greater income. This workshop is designed to help you answer important questions regarding your investments, helping you reduce volatility from your portfolio, create income and pave the way for a smooth retirement. We'll discuss having the right mix, mutual funds vs. private portfolio management, using covered call and protective put options to reduce volatility and create income, simple estate planning techniques, real estate investing, over or under-insured, and how short-selling, hedge funds and private equity firms can affect the market.

**Jim R. Wigen**, senior portfolio manager, founded WHI Financial Services, LLC, a Registered Investment Advisory firm. His primary focus is portfolio management and financial advisory services. Jim has also worked for two international investment firms, has been involved in several start-up companies, and established WHI Credit Advisors, WHI Realty Advisors, and Wigen Holdings, Inc. He also created three Internet companies and brought them online in 2007.

**\*NEW\***

### **What Historical Cycles Tell Us about America's Immediate Destiny**

Ralph Shattuck

Nov. 3, 10, 17, Dec. 1, 8, 15

9 – 10 a.m.

Do you sense we are ending one generation's historical cycle and entering another? Do you think that these repeating generational patterns better explain human life than the linear view of the time? In a broad sense, if these patterns repeat, what does the future hold? Looking back in time, we will consider an underlying pattern of growth and change in our social systems. Together, we will discuss turnings, generations, and historical cycles from 1564 until today using ideas and concepts from Strauss & Howe *Generations and the Fourth Turning*. Homework is not required, but sites for additional readings will be provided. We will also prophesy the immediate historical cyclical destiny for America. Join us and share your insights.

**Ralph Shattuck** has led lifelong learning classes in Service to the World, and Anecdotes to Terrorism. Ralph graduated with a B.A. from the University of Oregon Honors College, received his M.B.A. from the University of Santa Clara, and earned a Certificate for English Language Teaching to Adults CELTA from Cambridge University. Ralph founded several financial service companies in Arizona following his employment with IBM, Intel and Shell.

**\*NEW\***

### **Hellenistic Civilization**

Salvatore A. DiLiberto

Nov. 3, 10, 17, Dec. 1

9 – 11 a.m.

This course will survey the civilization resulting from the conquests of Alexander the Great. Continuing a traditional chronology of Western Civilization, Hellenistic Civilization follows that of Classical Greece. Topics covered will include: Alexander and the Great Crusade; Alexander's Legacy; The Spread of Hellenism; The Economic Scope of the Hellenistic World; Hellenistic Religion, Philosophy, Science and Medicine.

**Sal DiLiberto** received his undergraduate education from California University of Pennsylvania majoring in history and the social sciences. His graduate work in history and economics was completed at Western State College in Gunnison, Colorado. For over 35 years he has held various teaching and administrative positions at the secondary level and most recently, in higher education, at the University of Colorado at Denver.

**\*NEW\***

**What's Going On In Modern Biology**

Dr. Ken Snowdowne

Oct. 13, 20, 27, Nov. 3, 10, 17, Dec. 1

10:30 a.m. – Noon

Heart disease, high blood pressure and strokes account for 40% of all deaths of people aged 65 – 74, and 60% of all people aged 86 and above. But there are things you can do to decrease your chances of having a heart attack or stroke such as correct diet, proper medication and daily exercise. Come hear a medical scientist's interpretation of the recent discoveries from the National Institutes of Health of how aging changes our heart and arteries contributing to heart attacks, strokes and high blood pressure. The subject is challenging but the knowledge might just save your life. Class size is limited to 15 students to allow for a thorough discussion.

**Dr. Ken Snowdowne** is a retired medical scientist and teacher with 30 years experience. He has taught biochemistry, bacteriology and physiology to medical, pharmacy and dental students. He has been a long-time instructor and student in the Osher Lifelong Learning Academy at Sun City Grand.

**\*NEW\***

**Technology in Retirement (a survey course)**

Steve Shank

Oct. 6, 13, 20, 27, Nov. 3, 10, 17

12:30 – 2:30 p.m.

Today's digital world has led to a fundamental change in the way we communicate, socialize, get our information, and even entertain ourselves. This survey course will begin with a discussion of today's basic tools – the personal computer, getting online and basic, everyday software. We'll then review ways technology can be used for communications (iPhones, email, instant messaging, and Voice over Internet). We will survey today's social networks (Twitter and Facebook) and explore ways of getting information (Internet browsing, mp3 players, podcasts, ebooks, and audio books). We'll review some of the basic considerations of digital camera technology. Finally, we'll explore the mental and physical benefits of computer game technology for mature adults.

**Steve Shank** has over 40 years of domestic and international sales, marketing and business development experience. He was vice president of marketing and business development for Zantaz, an electronic archiving company, and was the founding president of Symantec. While at Apple Computer, he created a multi-tiered retail network, including the founding of Apple Australia, now more than \$1B each. At Chips & Technologies, he built a \$200 million international distribution network. He lived in Japan and Europe where he

established and ran divisions of two well-known high-technology companies. He received B.S.E.E. and M.B.A. degrees from Purdue University and a M.S.E.E. degree from Stanford University.

### **Managing Your Investments in a Changing World**

Patrick Bertenshaw, CFP

Oct. 13, 20, 27

3 – 4:30 p.m.

Stock market declines are difficult to handle. Today's markets require a more sophisticated portfolio design. Does your portfolio manage the risk and take advantage of the opportunities? This course will update you on current market conditions and teach you the strategies that today's most successful investors are using to protect and grow their wealth.

**Patrick Bertenshaw**, C.F.P. is a certified financial planner and well known speaker and educator in the field of financial planning and investment management for retirees. Patrick has taught classes for ASU, the Maricopa County Community Colleges, the Governor's Conference on Aging, and the Arizona Bar Association. Mr. Bertenshaw has been a regular guest on the local CBS Morning News where he discusses the world economy and financial markets.

## **Wednesday (no classes Nov. 25)**

### **And Then There Was One**

Charlotte Fox

Oct. 7

10 a.m. – 3 p.m.

**This workshop is a one day four-hour workshop. Space is limited to 24 people.**

No one wants to think about the day they are going to die, but the ones you leave behind will hope and pray that you do. Planning for your death is the best gift you can give your family. Couples, singles, widows, children of aging parents – by thoroughly examining your end-of-life plans now, your survivors can avoid mass confusion, financial devastation, family feuds and unintended consequences. *And Then There Was One* is a 124-page workbook with exhaustive, step-by-step checklists and over 64 fill-in-the-blank forms to help you organize a plan to protect and make the transition easier for your survivor(s) during this traumatic time. Various speakers will address legal, health, medical, financial, emergency, and funeral information. All end-of-life documents are included.

**Charlotte Fox**, author of *And Then There Was One*, lost her husband five years ago and found herself unprepared for the challenges she faced. She has sought to correct that situation for others by writing this comprehensive workbook and offering free informative workshops, which she has presented in other Osher Lifelong Learning programs throughout the state of Arizona.

**NOTE: Attendees will be charged an additional \$22 for the notebook which is to be paid directly to the instructor.**

**\*NEW\***

### **History of the U.S. Navy**

Phil Axelrod

Oct. 7, 14, 21, 28, Nov. 4, 11

9 – 10:30 a.m.

The United States Navy has a storied history beginning in 1775 with the establishment of the Continental Navy by George Washington at the beginning of the Revolutionary War. This course will consist of two semesters. The first semester will detail the beginnings of the Continental Navy up to and including the Spanish American War. The second semester will detail the history of the United States Navy from the end of the Spanish American War up to the present day. We will use both lecture and discussion to review the major firsts, events and timeline of the history of the United States Navy. Our emphasis will be on historical events that shaped the Navy, major battles, technological innovations and the men who made the Navy of yesterday and today.

**Phil Axelrod** is a retired insurance underwriter, living in Sun City Grand since 2002. He is interested in the history of the U.S. Navy, having served as a Boiler man on the USS Skywatcher and as a Nuclear Power plant operator on the USS Enterprise.

### **The Business of Magazine Writing for Fun (and a Little Profit)**

Joe Berke

Oct. 14, 21, 28, Nov. 4, 11

9:30 – 11:30 a.m.

Have you ever written an article or are thinking of doing so for a magazine and are wondering how to get it published? In this class you will learn the skills and techniques for developing article ideas from a variety of sources, practice writing query letters, learn about interviewing, doing research, contracts and working with editors to maximize your chances of selling the article and getting published.

**Joe Berke** has been a writer, photographer and seminar and workshop instructor for over 20 years. In that time, he along with his wife Carol has written over 150 articles in national, regional and local publications. Joe taught writing and photography for the Smithsonian Resident Associates

Program in Washington, D.C., for the Rocky Mountain Nature Association, the Yellowstone Institute, the John C. Campbell Folk School, and for Colorado State University lifelong learning program, as well as at several community colleges. Joe is a long-time instructor at Osher Lifelong Learning Sun City Grand, and we're happy to welcome him back! You can read more about Joe at <http://members.cox.net/jberke>.

**\*NEW\***

**The Story of the Early Church, 30-325 C.E.**

Dr. Stan Nelson

Oct. 14, 21, 28, Nov. 4, 11, 18

10:30 a.m. – 12:30 p.m.

Story in this usage means narrative. The accounts of the early church are best told as a story. The story of the church is filled with complex plots, consequential encounters, and complex people. The church will find its identity as the story unfolds. This study includes, but is not limited to, the New Testament Scriptures, the early church councils, and the writings of people from this period. Many of the issues facing the early church have continuing relevance for today. The class will be a mixture of information sharing and class discussion.

**Stanley A. Nelson, Ph.D.**, received his undergraduate degree in general studies with a major in psychology from Virginia Commonwealth University. His graduate work in theology was completed at Southwestern Baptist Theological Seminary in Fort Worth, Texas where he received masters and doctorate degrees. He has done postgraduate studies at Union Seminary in New York, Regent's Park College in Oxford, England, and the Graduate Theological Union in Berkeley, California. He has served as a theological teacher in the Nigerian Baptist Theological Seminary in Ogmoboso, Nigeria, and at Golden Gate Baptist Seminary in Mill Valley, California. Since retirement he has been guest professor of theology in Taipei, Taiwan. He is author of *A Believers' Church Theology*, and numerous articles in theological publications.

**\*NEW\***

**Gunfighters of the Old West**

Brian Callahan

Oct. 7, 14, 21

1 – 2:30 p.m.

This course will be three sessions on the famous gunfighters of the American West. The first session, The Feudists, will include famous feuds and range wars of the West. The next session, The Outlaw as Popular Hero, will show famous outlaws of the West and their place in popular culture. The last session, The

Lawmen: Good, Bad and In-Between, will cover different types of lawmen in the Old West and how their battles tamed the land.

**Brian Callahan** attended AB Hamilton College, and has an M.A. from University of Rochester in medieval history. He is a long-time student of Irish, U.S. and Southwestern history, a co-producer of cable TV program on the history of Ireland, and also taught adult education in banking law and commercial banking.

### **Big Problems – Assessing Solutions – Geopolitics Updates**

John Auckland

Oct. 14, 21, 28, Nov. 4, 11, 18, Dec. 2

1 – 2:30 p.m.

Are you interested in issues of sustainability, climate change, global warming, oil-alternative energy, water, and Muslim influence growth? Class vote will guide topic discussions. The purpose of this round table forum class is to share constructive and serious conversation and move from acknowledging these issues to increasing knowledge and understanding. We will a focus on solution providers and assessing solution proposals, especially their “do-ability” and their probable impacts.

**John Auckland** is interested in further understanding these complex and controversial issues. He has done focused research on oil and received training in the Counter Intelligence Corps. He is a former elementary school principal and has taught classes at all levels.

### **Practical Wine Fundamentals**

Dave Brechner

Nov. 4, 11, 18, Dec. 2

10 a.m. – Noon

This course focuses on a variety of practical wine applications for consumers and oenophiles (wine lovers). Beginning with how to order wine in a restaurant, we will cover all aspect of wine selection, purchasing, use and storage. Make sure to bring a notebook to create your reference guide and safeguard the many handouts you’ll receive! By the end of this course you will know proper wine etiquette, appropriate food pairings, wine glass and cork or stopper considerations, and how to have a great wine and cheese party.

**Dave Brechner** is a former wine steward at AJ’s Fine Foods. Dave currently leads an interest group of wine tasting here in Sun City Grand.

**\*NEW\***

**The Art of Listening to Jazz**

Fred Linch

Oct. 7, 14, 21, 28, Nov. 4, 11

1 – 3 p.m.

Jazz is meant to be heard by people who understand how people feel life and can express those feelings in their own words and sounds . . . joy, anger, love, humor, etc. This is not the “smooth jazz,” but the songs of giants such as Armstrong, Brubeck, Coltrane, and Duke Ellington, just to name a few. Join us in the sounds, visions and emotion of the greatest of American art.

**NOTE: There is an additional \$25 fee for this course payable at registration.**

**Fred Linch** is a passionate lover of cinema and jazz who has been teaching both subjects for Osher Lifelong Learning for over six years. In addition to Sun City Grand, he has lectured in many places as far away as Bangkok, programmed Central and East European films for film festivals, presided over the Palm Springs International Film Festival for six years and acted as director of Cinematheque de Langlois.

**\*NEW\***

**The Cinema of Emotions**

Fred Linch

Oct. 7, 14, 21, 28, Nov. 4, 11

3 – 5 p.m.

Movies – the great ones – entertain us, but what more is there for us? There is humor, anger, love, despair, excitement, death, joy, justice, injustice ... on and on. Join us and we will experience and share how motion pictures show us a life – sometimes our life. This class will have a film screening associated with it.

*See biography of instructor above.*

**\*NEW\***

**Destination – Middle East**

Terri Dion

Oct. 14, 21, 28, Nov. 4, 11, 18, Dec. 2, 9

3 – 4:30 p.m.

The Middle East is a mystery. It's the cradle of civilization, birthplace of the three major monotheistic religions of the world, home of the souk and harem, vault of the world's greatest oil supply, address of some of the richest and poorest, and the source of jihadism. This course will cover the history of the area by looking through lenses of art and religion. We will move into the present by understanding how today's national boundaries were drawn and the

geopolitics of oil and Islam. Finally, we will get a glimpse into the culture including an optional Middle Eastern dinner with typical Middle Eastern foods by Snir Mor of Amuse Bouche.

**Terri Dion** is a traveler and resident of SCG. She has traveled extensively, visiting all 50 states, more than 80 countries and the 7 continents. She recently traveled to Egypt, Saudi Arabia, Jordan and Israel with the hope of better understanding the Middle East. This course allows her share to her experiences while you and she continue learning more about this fascinating part of the world through lectures by experts in their fields. Terri's professional background is in human resource management, including developing strategic education programs. She has taught in the corporate environment, the City University of Seattle MBA program and travel-oriented classes for the SCG Lifelong Learning Academy for many years. Terri is joined by subject matter experts Rabbi David Davis, Dr. Stan Nelson, Allen Reamer, John Hall, John Auckland and perhaps others.

### **Free Wednesday Night at the Movies**

John Menard, Projectionist

Oct. 7, 14, 21, 28, Nov. 4, 11, 18

6 – 9 p.m.

The movies shown coincide with our Wednesday film course, but you do not have to be enrolled in the Wednesday film course in order to attend. There is no charge for this class and everyone is welcome. A list of movies scheduled to be shown will be available at the start of the semester.

**John Menard** spent his working life as a software/telecom engineer with Lucent Technologies and its predecessors. His interests in retirement, and thus his readings, have centered on those things that he did not seem to have time for while working, e.g., philosophy, literature, the arts, and all those movies he never had the opportunity to see.

## **Thursday (no classes Nov. 25)**

### **Digital Photography: An Introduction**

“Grand Photos” members, Gene McDermott, Stan Bormann, Jerry Weinstein

Oct .8, 15, 22, 29

9 – 10:30 a.m.

This course is designed for you to learn about your digital camera. What do all those buttons do? Learn how to save your pictures, print and e-mail them, and how to take better pictures while on vacation and of your grandkids. Basic retouching of digital photos and how to put together a basic slide show will be covered. Bring your camera to class for a hands-on approach.

**Gene McDermott** holds a B.A. in communication arts from Queens College in New York. Gene was a professional technical photographer for more than 25 years before retirement. **Stan Bormann** is a past president of the Grand Photos, president elect of the Arizona Camera Club Council and frequent workshop leader in digital photography. **Jerry Weinstein** is the past president of Grand Photos. He is also a workshop teacher and has been taking pictures most of his adult life.

### **But My Spouse Always Handled the Money**

M. Sue Larkin

Oct. 8, 22, 29, Nov. 5 (no class on Oct. 15)

10:30 a.m. – Noon

Often in marriage one spouse is more inclined to handle the family's financial and investment records than the other. Sometimes the "non-financial" spouse is left to handle these records with little preparation or training. This class is for those spouses who would like to know more about the financial and investment world "just in case" as well as for those who are already finding themselves in a position of taking over the family's financial matters. The class will cover investment terminology (understanding statements and correspondence from financial institutions), organizing your records (preparing records for income tax returns), transfer of title, wills, trusts (and other estate distribution issues) and survivor's checklist.

**M. Sue Larkin** is a Certified Financial Planner with a master's degree in education from Arizona State University. She won a national creative programming award for this course. Sue and her husband, Don, are co-authors of the practical financial guide for retirees, *The Larkin Guide: Enjoying the Riches of Retirement*. She is listed in *Who's Who of American Women* and *Who's Who in Business and Finance* and is involved in a number of community organizations.

### **Spanish Conversation I**

Bob Burnett

Oct. 15, 22, 29, Nov. 5, 12, 19, Dec. 3, 10

10 – 11:30 a.m.

This is a basic Spanish conversation course. Listening as well as speaking the language will be emphasized. It will also include reading and writing. Each lesson will revolve around a theme: school, friends, work, sports, shopping, etc. Basic grammar and syntax will be introduced in situational contexts only when needed for clarification. There will be many situational and thematic exercises and activities instead of mechanical drills. The culture of Spanish speaking countries will also be explored as reflected in poetry and literature. Optional cultural reading will be recommended. The primary aims of this class are to

give each student a basic knowledge of Spanish upon which to build, to encourage every student to continue language study, to enjoy reading Spanish literature and poetry, and to help students interact with our large Spanish-speaking community here in Arizona.

**NOTE: Additional course fee of \$50 must be paid at time of registration.**

**Bob Burnett** has more than 30 years of experience in education and has taught Spanish, Italian, French and Russian at the intermediate, high school, and college levels. He supervised the teacher training of the Peace Corps candidates and teachers from Malloy College in Rockville Center, New York. Bob is a popular Spanish teacher in the ASU Lifelong Learning programs.

**\*NEW\***

### **Introduction to Novel Writing**

Diane Hartmann

Nov. 19, Dec. 3, 10, 17

10 – 11:30 a.m.

Students will learn their novel-writing skills that improve their ability to write novels. Designed for experienced as well as beginning writers, the course will include discussions on research, character development, plot and dialogue. Students will complete writing assignments for peer review.

**Diane Hartmann** is an award-winning journalist with 25 plus years experience as a reporter/editor. She has a B.A. from Northern Illinois University where she majored in journalism. She has worked for various weekly and daily newspapers, including the Chicago Sun-Times and taught journalism as an adjunct faculty advisor to the school newspaper. Though retired, Mrs. Hartmann continues to write and is completing a book about World War II.

**\*NEW\***

### **Serenity, Enlightenment, and Harmony: Eastern Spirituality**

Ernie Stech, Ph.D., ASU Emeritus College

Nov. 5, 12, 19

1 – 2:30 p.m.

Serenity can be achieved using insights from Lao Tzu and Taoism. Buddha taught others and us how to achieve enlightenment. Harmony is the key idea in Confucianism. Lao Tzu, Buddha, and Confucius provided practices and methods as well as lofty goals. Learn about Eastern philosophies and how they can be used today.

**Ernie Stech, Ph.D.**, has studied the lives and teachings of the three most famous Eastern philosophers. He has made an effort to incorporate the ideas and practices in his own life and is willing to share his knowledge and experience in this class.

## **Creative Writing**

Jim Mitsui, ASU Emeritus College

Oct. 29, Nov. 5, 12, 19, Dec. 3, 10, 17

1 – 3 p.m.

This course is for anyone interested in improving and enhancing their writing, whether it is poetry, fiction, memoirs, or non-fiction. Contemporary free verse poetry will be used as a focal point but it is not an attempt to turn everyone into poets; rather, the compressed nature of poetry lends itself to improved writing techniques that transfer to diverse writing genres. Writing exercises will be provided. This class is a working writers' workshop which provides an opportunity to have material critiqued in a non-threatening and supportive manner. Although the course is primarily for advanced writers, beginners may enroll with the instructor's permission.

**Jim Mitsui** received his M.A. in English (creative writing) at the University of Washington, where he studied under William Stafford, Richard Hugo and David Wagoner. He has published four books of poetry, his latest, *From a Three-Cornered World*, the University of Washington Press, 1997. A recipient of a National Endowment for the Arts Fellowship, Jim's work has been published in over 200 magazines, anthologies and textbooks. He has taught Poetry Writing Workshops at ASU's West campus and currently teaches poetry writing online for Southern New Hampshire University as well as the Phoenix Arts Commission's Artspace Program.

## **Financial Workshop**

Chris Mariner, AAMS

Oct. 8, 15, 22, 29

2:30 – 4:30 p.m.

Our emphasis will be on helping students become more comfortable with investing and managing personal finances during retirement. We will cover financial topics important to retirees including the basics of investing, simplified tax planning (CPA in attendance), long-term care insurance, easy ways to protect against inflation, trusts, wills and estate planning (estate attorney in attendance). Students will receive a basic understanding of stocks, bonds, mutual funds, bank CDs, tax-free municipal bonds, the different types of annuities and how these investments work.

**Chris Mariner, AAMS**, is a partner in the firm of Edward Jones since 2006 and manages \$85 million in assets with over 300 clients. He has been in the financial business for 12 years and enjoys sharing his knowledge and expertise with students throughout the Valley.

## **Arizona Law: Estates, Trusts, Wills, Probates and Disability**

Mary A. Nykamp, attorney at law

Oct. 29, Nov. 5, 12, 19, Dec. 3

3 – 4:30 p.m.

What SHOULD you do when a spouse dies? If you've ever had any questions about these topics, this course is one not to miss. During these sessions we will discuss asset ownership, estate tax and gift tax, wills and methods of passing assets at death, intestacy, asset protection, disability and healthcare decisions, powers of attorney, living wills, guardianships and more – important information we don't think we need until we need it.

**Mary A. Nykamp** is a partner in the law firm of Jeckel & Nykamp, PLLC, which has been located in Sun City since 1974. She has taught numerous classes on various topics dealing with eldercare law.

## **Friday (no classes Nov. 26)**

**\*NEW\***

### **The Biggest Losers**

John Hall

Oct. 9, 16, 23, 30, Nov. 6, 13, 20, Dec. 4, 11, 18

8 – 9:30 a.m.

Who hasn't wondered what Richard M. Nixon, Jimmy Carter, Teddy Roosevelt and Andrew Jackson have in common with William H. Crawford, Horatio Seymour, Alton B. Parker and James M. Cox? Come to this course to find the answer to this intriguing question and look at some of the folks with whom they share their peculiar – and rare – distinction. An inquiry into who, and perhaps what, might have been in American history. Class members will have ample opportunity to participate in the investigation to as great a degree as they wish – or to simply enjoy the ride.

*See biography of instructor above.*

### **Learning to Look at Paintings**

Allen Reamer

Oct. 9, 16, 23, 30, Nov. 6, 13, 20

9 – 10 a.m.

Have you ever looked at a painting, liked it or disliked it, and wondered if there is anything more in the painting? In this course we learn to look at paintings from four viewpoints: aesthetic, elements of art, compositional, and historical/social. If time permits, we will visit a Phoenix-area art museum and

use our new knowledge. You are encouraged to bring in paintings for discussion

**Allen W. Reamer** holds a M.F.A. from George Washington University. He taught a variety of studio art and art history courses for 32 years before coming to Arizona 10 years ago. He was president of the District of Columbia Art Association for 10 years and very active for a decade with the National Art Education Association in the areas of curriculum and assessment. The NAEA awarded him Teacher of the Year. He continues to teach studio art at the SCG Art Club and has taught art history courses at the SCG Lifelong Learning Academy since its inception. In the last 10 years, he has taught 50 different art history courses and 37 different studio art courses in 6 metro-Phoenix locations.

#### **American Art History IV**

Allen Reamer

Oct. 9, 16, 23, 30, Nov. 6, 13, 20

10:30 – 11:30 a.m.

The United States went from the American Scene to Abstract Expressionism – two very different styles of painting. In this course we will concentrate on the American Scene painters, such as Hopper, Grant Woods, Norman Rockwell and Andrew Wyeth, along with the Action Painters of Abstract Expressionism, such as Jackson Pollock. We will learn about their lives, the historical context in which they painted and the characteristics of their paintings.

*See biography of instructor above.*

#### **Architecture: American Houses**

Allen Reamer

Oct 9, 16, 23, 30, Nov. 6, 13, 20

12:30 – 1:30 p.m.

Have you ever wondered what style of house you live in? This course will cover American house styles from the Post-Medieval to Pueblo Revival. You will learn architectural terms of these buildings and how to analyze architectural aesthetic values of these periods. If time permits, we will take a field trip.

*See biography of instructor above.*

#### **19th Century American Landscape Painters I**

Allen Reamer

Oct. 9, 16, 23, 30, Nov. 6, 13, 20

2 – 3 p.m.

The 19<sup>th</sup> century was a high point for landscape painting in the United States. There were the Hudson River School painters, such as Thomas Cole and Frederick Church, the Rocky Mountain School painters and Western painters. In this course we will look at the paintings of Hudson River School painters in the Formative Period and the Mature Period. We will learn about their lives, the historical context in which they painted and the characteristics of their paintings. The Expansionist Period of the Hudson River School, the Rocky Mountain School and the Western painters will be covered in the 19<sup>th</sup> Century American Landscape Painters II course.

*See biography of instructor above.*

### **Beginner Guitar**

Brad Griffin

Oct. 9, 16, 23, 30, Nov. 6, 13

10 – 11 am

This course is for beginners only. Students will learn songs, scales, chords, and notes in the first position. Emphasis will be placed on the plectrum method (playing with a pick). NOTE: Students are required to bring a guitar, a pick and a music stand. Brad's Guitar method can be purchased in class.

**Brad Griffin** is a native New Yorker whose guitar training began at the early age of 11 and continued throughout his teen and college years in New York and Washington, D.C. He was honored to study with the famous Dr. Billy Taylor at the Jazz Mobile of Harlem in Manhattan. Brad was recognized as an outstanding jazz guitarist by Dizzy Gillespie while playing on a jazz cruise aboard the Holland American Cruise Line. While in New York, he played guitarist Gitfiddle in the theatre production of *Simply Heavenly*, a Langston Hughes play, and in the pit bands of the productions of *A Chorus Line*, *Pippin*, and *Baby*. He performs regularly with Desert Sounds, the All Stars, and occasionally with the Rhythm Ramblers, all big bands in the Sun City area. Brad is the featured guitarist with BT Jazz Trio and plays bass with Cactus Jam. He performs on occasion with the Tempe Fun Masters and is currently writing his own guitar method book. Brad is a retired Fortune 500 scientist.

## **SATURDAY**

**Come Share Your Passion!**

**Community Scholar Training Workshop**

Dr. Diane Gruber – Former ASU Lifelong Learning Director

Nov. 7

10 a.m. – Noon, followed by a free lunch

**Free**

The success of the Sun City Grand Lifelong Learning Academy depends on the efforts of enthusiastic community scholars. Do you have a lifelong passion you're ready to share with the members of your community? This workshop begins the process of helping you turn your career, personal, and educational experiences into an informative and thought-provoking course to be offered in the Lifelong Learning Academy. Participants will move through a series of exercises to help them

- design a course topic based on their experience and knowledge
- select course content and develop a schedule
- choose effective educational formats
- identify and adjust to differing learning styles
- manage an effective classroom

You don't need any prior classroom experience to attend this workshop – only the desire to begin exploring the path to becoming a lifelong learning community scholar.

This workshop is free to all Sun City Grand community members. Please call 623-546-7451 or email [lifelong@scgcam.com](mailto:lifelong@scgcam.com) to reserve your seat.

## **FREE LECTURES**

All free lectures are held in the Chaparral Center classrooms unless otherwise noted. Please sign up at registration or call the Osher Lifelong Learning office at **623-546-7451**. Free lectures are sponsored by the Osher Lifelong Learning Academy at Sun City Grand. You do not have to be registered in the Osher program to attend our free lectures.

### **West Valley Symphony**

Presented by Cal Kellogg, Maestro

Tuesday, Oct. 20

1 – 3 p.m.

Come and get a head start on the upcoming West Valley Symphony programs for 2009-2010. Maestro Cal Kellogg will review a history of the orchestra, and discuss some of the planned musical selections and composers for the new season. Time will be allotted for questions and discussions.

## **Feeling Good About the Blues**

Presented by UVON

Thursday, Oct. 22

1 – 3 p.m.

Blues has been identified as the foundation for popular American music which includes jazz, country, rhythm and blues, as well as rock and roll. This lecture/demonstration will further participants' knowledge about the blues and the artists that developed this genre. Participants will have the opportunity to engage in interactive activities.

***Dr. Yvonne (UVON) Brooks** is a retired college professor, songwriter, singer and motivational speaker. She has appeared at major blues festivals and performed with the Chandler Symphony in 2006.*

***Ray (RayRay) Hinkle** is a guitarist, bassist, band leader and music director. He has appeared at blues festivals and organized many major blues events. He has his roots in jazz and blues.*

Watch for them appearing in October here at Sun City Grand.

## **“Who Ya Gonna Call????”**

Presented by Bob Gehrke and Lorraine Stolove

Friday, Nov. 20

10 a.m. – Noon

Do you know who to call for help if you need transportation to the doctor? Do you have a question about Medicare prescription drug plans or social security benefits? Do you need relief from caregiving responsibilities for an aging parent or increasingly dependent spouse? Or, if you have been hurt or abused by another individual, do you know who to call?

A wonderful quality of life is the goal of all residents of SCG, but as we grow older we will face an increasing number of challenges, both **physical** and **emotional**, and perhaps **financial** and **legal** as well. Questions will arise that you may not have considered before, and it is important that you know there are resources and services available in our community to help you be successful in meeting your needs.

**Bob Gehrke**, a 12-year resident of SCG was a department head at the John Hopkins University Applied Physics Laboratory and has served as the vice-chair of the Sun Health Corporation Planning Committee. He currently serves on the Board of Interfaith Community Care and chairs its Program Development and Evaluation Committee.

**Lorraine Stolove**, a 6-year resident of SCG, has an extensive background in gerontology, having served for many years as the assistant executive director of an Area Agency on Aging. She has been a consultant and cable TV show host dealing with elder issues. She currently serves on Interfaith Community Care's Program Development and Evaluation Committee.